

About Us



Rostrum Foothills Public Speaking Club is a vibrant not-for-profit organisation dedicated to enhancing communication skills through engaging training programs in public speaking and effective meeting management.

The club provides a welcoming and enjoyable environment for members to learn the art of public speaking while offering a valuable platform to practice and refine their speaking abilities on a regular basis.

Participants will explore a diverse range of communication skills, including reading aloud, chairing meetings, posing thought-provoking questions, and engaging in spirited debates. Beyond skill development, the club serves as an excellent networking opportunity, enabling members to connect with like-minded individuals.

By joining our club, members can enhance their credentials and advance their careers while enjoying low-cost access to high-value training.

The club attracts Australians from all walks of life, including students, business professionals, retirees, and job seekers, all united in their commitment to building confidence in speaking, regardless of their background or proficiency in English. Importantly, Rostrum operates independently and is not affiliated with any political or religious group.



More Information:



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<https://foothillsrostrum.com>



**Rostrum
Foothills Public
Speaking Club**



**Scan to download our
calendar**

How we help?

At Rostrum Foothills Public Speaking Club our members are extremely welcoming and down to earth. With the guidance of our accredited coaches you will learn how to:

- Chair meetings
- Gain confidence
- Improve speech clarity
- Make presentations
- Gain social skills
- Improve interview skills



FAQ's

How do I actually learn public speaking?

The way to gain confidence and learn the skills of speaking to groups of people is through practice with expert feedback. In a Rostrum Speaking Club this is done in a supportive and fun environment in a group of like minded people. Members develop their skill and gain confidence by accepting the challenge to take part in the various exercises. At the end of each meeting each person who spoke receives positive and constructive feedback from a person who is trained in the skills of analysis and evaluation. It is from this feedback that you will really hone your skills.

What happens at a Rostrum meeting?

Each meeting is chaired by a different, experienced club member. A range of speaking exercises are rostered with a notice period of around two weeks. Rostrum clubs vary in the program they offer but they all follow a general pattern. There are usually some prepared speeches of varying durations on a set topic as well as other speaking exercises such as asking a pertinent question, reading aloud, situational speeches, moving a motion in a meeting, responding to questions, and many other exercises. Some clubs have the same exercises at each meeting and other clubs change the program weekly.

How much does Rostrum cost?

Rostrum is a non-profit organisation so the fees are very low compared to commercial organisations. The annual subscription fee is \$150.